



## We Stand Together Conference

### Session Descriptions

#### **All about Powwow**

Find out what happens at a traditional powwow including looking at the clothing, dances and traditions involved.

#### **Enough For All**

Learn and discuss issues facing Indigenous people, focusing on homelessness and how you can get involved to help resolve this issue. Find out what Calgarians are already doing to help Indigenous people to overcome homelessness.

#### **All about Tipis**

Learn about the traditions of tipis and help construct one!

#### **Beading**

Learn about traditional beading and the materials Indigenous people used to use, and create a beaded orange shirt knick knack.

#### **Hand Games**

Play traditional Indigenous “guessing games” played on small teams.

#### **Lacrosse**

Play a few games of Lacrosse on teams

#### **Metis Sash Making**

Learn about the traditional colours and uses of Metis sashes, and then create one of your own using finger weaving.

#### **Colonialism**

Participate in a simulation to see what it was like for First Nations people when the Europeans arrived. Feel the emotions that they felt and learn more about colonization.

#### **Smudging and Education**

Learn about and participate in a traditional smudge. Learn about and discuss the importance and value in education from a wonderful Metis Elder.

#### **Making Bannock**

Learn how to make this traditional Indigenous bread!

### **Storytelling**

Learn about and participate in Indigenous Storytelling. This will be a once in a lifetime experience where you will get to hear an Elder share some unique stories from his culture.

### **Create a Mural**

Create a mural using paint and wood. You will be working in a small group to create a mural about identity and how we can represent our identity and how we are unique. The murals will be permanently hung up around the school.

### **Indigenous Languages**

Learn about the Indigenous languages of various groups in the Alberta area. Even learn how to say a few words!

### **Visual Art**

Learn all about various Indigenous artists from this Plains Cree Artist. You will have an opportunity to create your own art piece inspired by one of the artists!

### **Missing and Murdered Women**

Hear about the violence and unfair truths about the statistics of Indigenous women in Canada. They are faced with a large number of murders, abuse and assaults. Learn about how we can work together to make this a subject that is addressed and talked about, and make a pledge against violence.

### **Poetry and Lyric Writing**

Work with the amazing Indigenous rapper Drezus to learn about writing poetry or song lyrics and how you can create change as a youth!

### **Shannen's Dream**

Learn all about Shannen Koostachin who was a teenager who fought for a better school for her community, addressing the lack of proper funding for Indigenous schools in Canada. She created change, learn how you can too.

### **Human Rights**

Learn about Cultural Appropriation, Indigenous stereotypes and human rights issues facing Indigenous people in Canada.

### **Clean Water Birthday Project**

Did you know that more than 100 First Nations communities have to boil their water before they can drink it? Learn about the lack of clean drinking water in Indigenous communities here in Canada, and what Ms. Hammond's students have done so far to help the situation. You will also see how you can become involved!

### **An Afternoon with Cowboy Smithx**

Cowboy Smithx is the creator of Redx talks, and the short film "Elder in the Making." Spend your time hearing his stories about growing up Indigenous, and

hear what he has been through. He is a very inspiring, hilariously kind person. This is an amazing once in a lifetime opportunity!

### **Drumming**

Use handmade drums and learn how to use them and feel the music!

### **Indigenous Rights around the World**

Indigenous people exist all around the world! Learn about the United Nations Declaration on the Rights of Indigenous People (UNDRIP) and the Indigenous groups from Bolivia who had a highway built through their territory and the pros and cons of that situation. This will be an interactive session with a debate and a good chance to argue.

### **Traditional Sharing Circle**

Offered at the end of the day, spend this session sharing your experiences and reflecting on what you have learned throughout your jam-packed day!